

## Seniors Valentine's Day Card Campaign: Wave of Change and Moore Law for Children



*“I alone cannot change the world, but I can cast a stone across the water to create many ripples.”*

– Mother Teresa

Join Moore Law for Children  
and together our ripples can create a  
Wave of Change in our community.

# Instructions: Valentine's Day Cards for Seniors in Orange County

1. Make cards for Valentine's Day. See following slides for design ideas, templates, poems, and links to buy inexpensive supply kits.
2. No envelopes needed.
3. Do not sign the cards, as that can confuse the seniors if they get a card from someone they don't know.
4. Deliver to Moore Law for Children before February 7, 2022.

Address: 361 Forest Avenue, Suite 201 (2nd floor), Laguna Beach, 92651.

*If you have any questions, please email [Alica@MooreLawOC.com](mailto:Alica@MooreLawOC.com) or call (949) 336-7711.*

# Card Making Materials

Below are some suggested materials to use to make the cards:

- Construction Paper: Red, Pink, Purple, White, Brown, and Green
- Glitter Pens and Markers
- Tissue Paper: Red, Pink, and White
- Foam Stick-On Hearts
- Kits Available for Purchase Online at [Michael's](#) and [Joann's](#).

# Easy Card Idea: Bouquet of Hearts

Instructions: On front of card, use green marker to draw stems. Cut out several small hearts and adhere with glue.



# Easy Card Idea: Heart Flower

Instructions: Cut out a pink or red heart, green stem, and green petals. Attach to a card with glue.



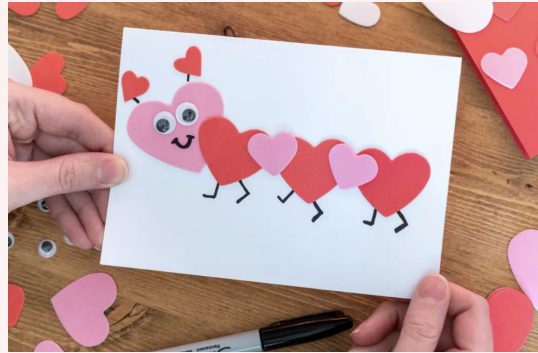
# Easy Card Idea: Heart Flower

Instructions: Cut out three hearts and glue them in flower pattern right on the card. Cut out or draw green stem and petals.



# Easy Card Idea: Foam Heart Caterpillar

Instructions: Use foam stick-on hearts to attach in caterpillar shape to card. Use sharpie to draw eyes, smile, antennae, and legs.



# Easy Card Idea: Valentine Tree

Instructions: Cut out a tree trunk from brown construction paper, or draw with brown marker. Cut out different colored hearts and attach to tree with glue. You could also use foam stick-on hearts instead of cutouts.



## Easy Card Idea: Simple Glitter Pen Designs

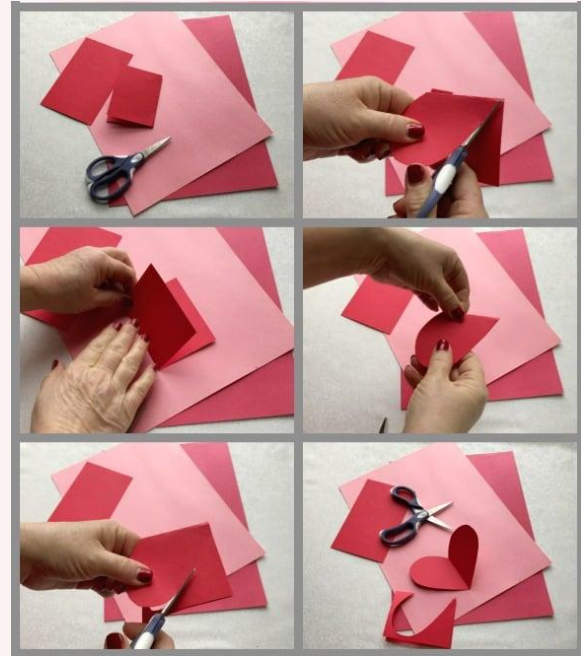


# Easy Card Idea: Layered Hearts

Instructions: Cut out three differently sized hearts and glue one on top of the other. In the center, write your message using a glitter pen or colored marker.



Instructions on How to Cut Hearts by Hand



# Easy Card Idea: Layered Hearts

Instructions: Cut out various heart shapes and colors, and layer them on front of card. Use a glitter pen to write "Happy Valentine's Day!"



# Easy Card Idea: Tic Tac Toe

Instructions: On the front of the card, use a marker to draw a tic tac toe grid and three Xs. Then, add drawn hearts or stick-on foam hearts. Below, write “You Won my Heart!” or a simple “Happy Valentine’s Day!”



# Easy Card Idea: Torn Paper Hearts

Instructions: Tear tissue paper or construction paper into tiny pieces, then glue to card in a heart shape. Write “Happy Valentine’s Day!” on front or inside of card.



# Easy Card Idea: Tissue Paper Hearts

Instructions: Cut out heart from tissue paper and adhere the hearts to the front of card.  
Decorate using glitter pen.



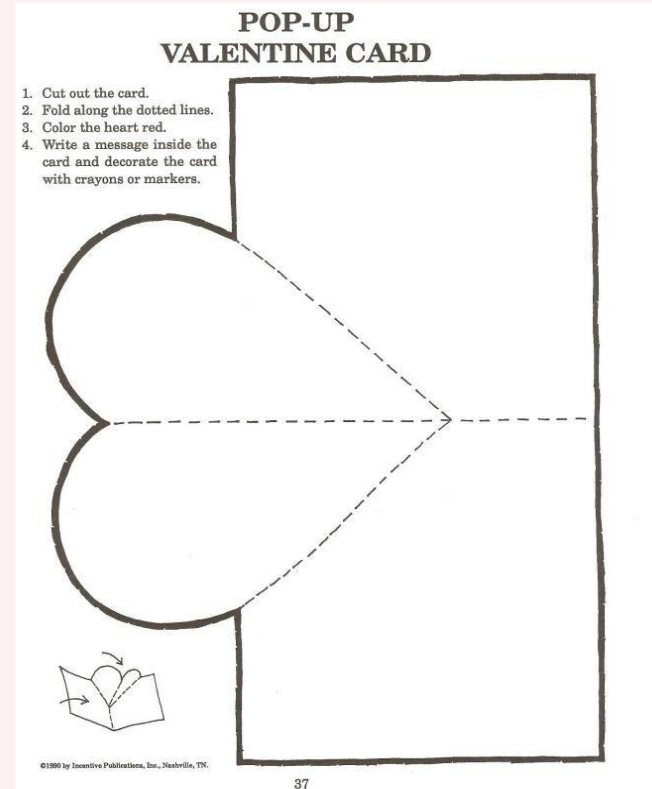
# Easy Card Idea: Heart Butterfly

Instructions: Use two heart-shaped doilies, or cut out two hearts from construction paper. Glue the hearts to the front of a card in a butterfly wing shape. Apply stick-on foam hearts down the center to form the body. Use markers or glitter pens to draw eyes, a smile, and antennae. Write a Valentine's Day message on inside of card.

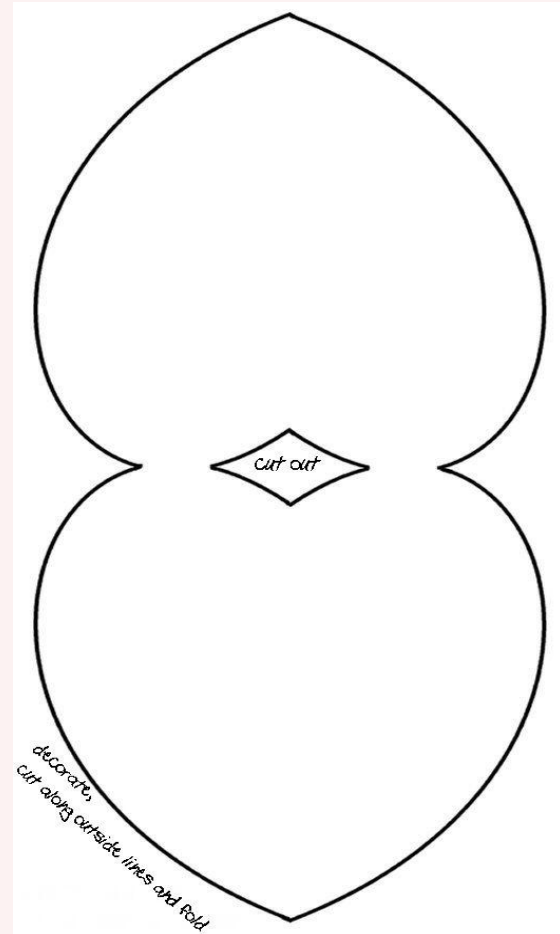
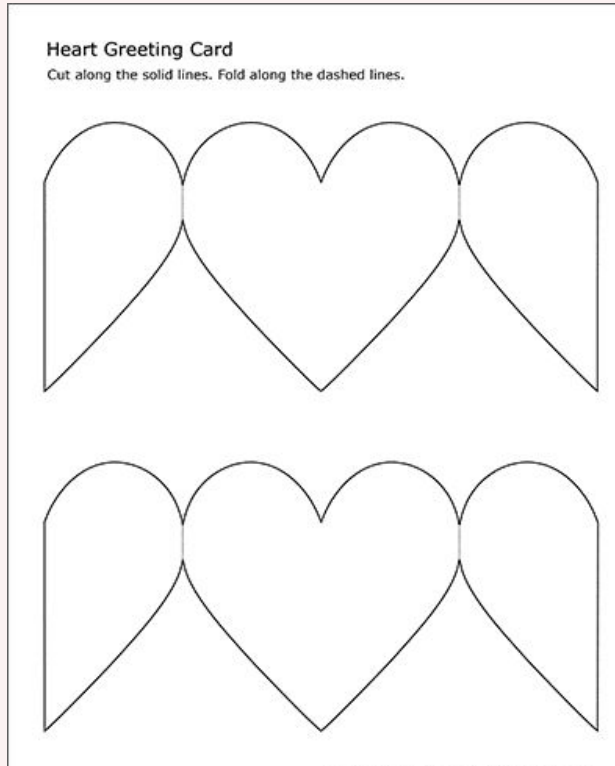


# Template: Pop-Up Heart Card

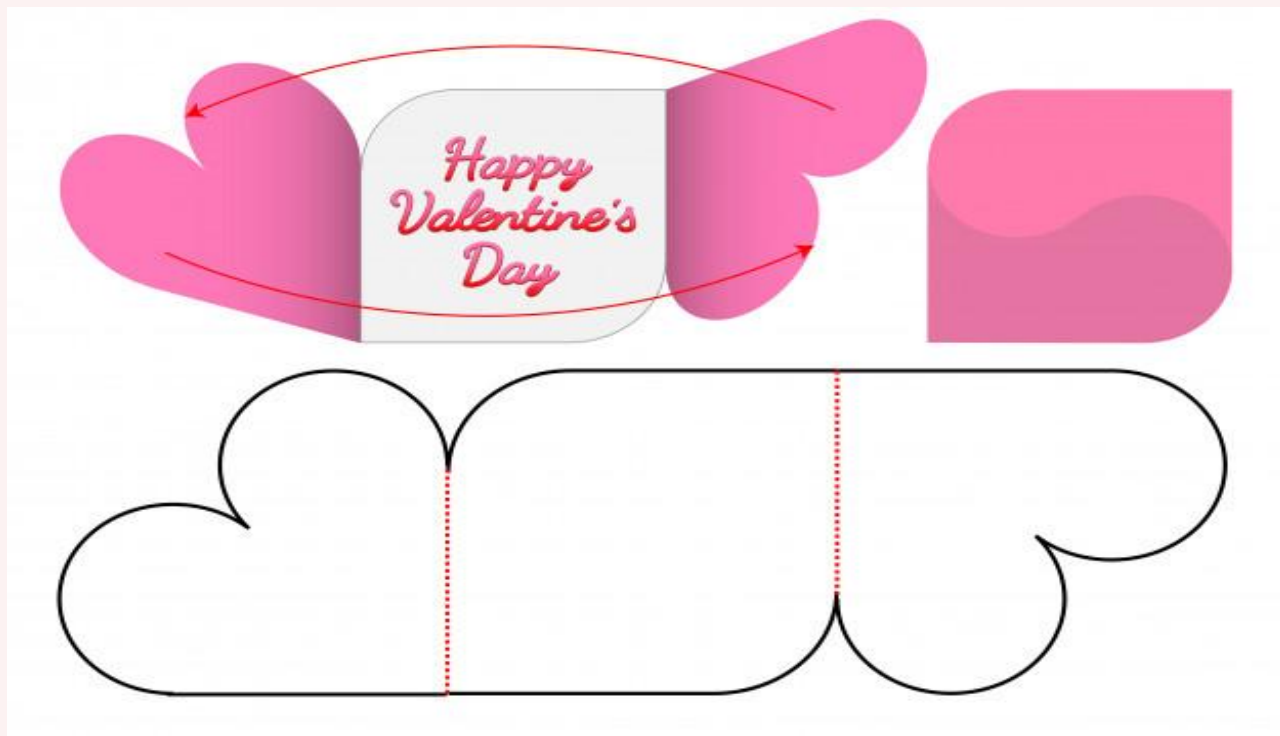
Instructions: Trace this template on construction paper, then cut out and fold the paper following the dotted lines. Write a Valentine's Day message on the inside of the card.



# Template: Heart-Shaped Card

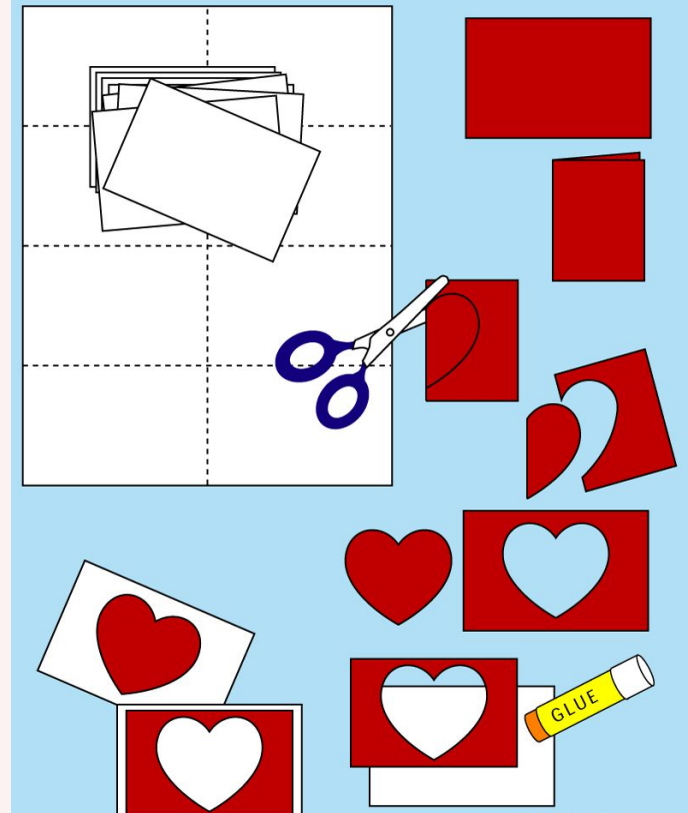


# Template:Heart-Shaped Card



# Template: Two Cards, One Cutout

Instructions: Cut out heart shapes from red construction paper. Save both the heart and the remaining paper. Glue the heart to one card. Use the paper with the heart-shaped hole for another card.



# Sample Valentine's Day Card Messages

Below are some suggested materials to use to make the cards:

- May your day be filled with all kinds of bright sunny things!
- Sending cheerful thoughts to brighten your day!
- Sending lots of hugs your way!
- Wishing you a day filled with sunshine!
- Wishing you a love-filled day!
- Wishing you everything that makes you happiest, today and always. Happy Valentine's Day!
- Wishing you all the love this Valentine's Day!

Roses are red  
Violets are blue  
Sugar is sweet  
And so are you!

Roses are red  
Violets are blue  
You make the world better,  
Just being you.